

Talk before you toke! Call (206) 414-9270

Phone or Email

Name



## MARIJUANA ANONYMOUS

A TWELVE-STEP PROGRAM  
FOR MARIJUANA ADDICTS

*DISTRICT 4 – Western Washington*

## MEETINGS SCHEDULE

*updated: 04/17/2017*

Meeting times and places change occasionally.  
Please call the number or visit the website  
listings below for the latest information.

**(206) 414-9270**

[www.madistrict4.org](http://www.madistrict4.org)  
[www.marijuana-anonymous.org](http://www.marijuana-anonymous.org)

## THE 12 STEPS OF MARIJUANA ANONYMOUS

1. We admitted we were powerless over marijuana, that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God, as we understood God.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked God to remove our shortcomings.
8. Made a list of all persons we had harmed and became willing to make amends to them all.

## THE 12 STEPS OF MARIJUANA ANONYMOUS

(CONTINUED)

9. Made direct amends to such people wherever possible except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, as we understood God, praying only for knowledge of God's will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to marijuana addicts and to practice these principles in all our affairs.

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12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to marijuana addicts and to practice these principles in all our affairs.

## ***In-Person Meetings***

### **Legend**

**C** – closed meeting, addicts only

**O** – open meeting

**M** – men only meeting **W** – women only meeting

**ADA** – ADA accessible

**Bus** - 36, 111; **LR** (light rail) – nearest transit route(s)

All meetings are non-smoking.

## ***Seattle***

### **Sunday – 7:30 PM – O, ADA**

“How the West Was Won”, Alki Church of Christ/Kol HaNeshamah Synagogue, **6115 SW Hinds St.**, (Parlor Rm.), Bus – 50

### **Tuesday – 8:00 PM – M, O**

“C.O.U.G.H. Men’s Meeting”, Fremont Baptist Church, rm. 301, **717 N 36<sup>th</sup> St.**, Bus - 26, 28, 32, 40

### **Thursday – 12:15 PM – O, ADA**

“High Noon”, Dilettante Mocha Cafe, **1601- 5th Ave.** (corner of Olive Way), Bus – (any route to downtown Seattle), LR

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## ***Seattle*** (cont'd)

### **Saturday – 11:30 AM – O, WA**

“Lake Union View”, Lake Union Building  
**1700 Westlake Ave N, Suite 700**

## ***Bellevue***

### **Monday – 7:30 PM – O, ADA**

“Chronic Serenity”, Alano Club of the Eastside, **12302 NE 8<sup>th</sup> St.**, Bus – B

### **Thursday – 7:30 PM – O, ADA**

“Nip It in the Bud”, Alano Club of the Eastside, **12302 NE 8<sup>th</sup> St.**, Bus – B

## ***Everett***

### **Tuesday – 7:00 PM – O, ADA**

“Last Puff”, Providence Hosp., Main Level Conf. Room (ML-C013), **916 Pacific Ave.**, Bus – ET 25

### **Friday – 7:00 PM – O, ADA**

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## ***Puyallup***

### **Monday – 6:30 PM – O**

“Keeps Getting Better [KGB]”, PNC House, **804 - 11<sup>th</sup> St. SW**, Bus – none

## ***Tacoma***

### **Thursday – 7:00 PM – O**

“Tokeless in Tacoma”, Recovery Café, 813 MLK Jr Way

## ***Shoreline***

### **Tuesday – 7:00 PM – O, ADA**

“Northern Light”, Bethel Lutheran Church, (enter in back), **17529 15<sup>th</sup> Ave. NE.**, Bus – 347, 348

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## ***Woodinville***

### **Saturday – 11:00 AM – O, ADA**

“Happy, Joyous, and Free”, Woodinville Community Church, **17110 140<sup>th</sup> Ave. NE** (south door), Bus – 236

## ***District Service Committee (DSC) Meeting***

### **3<sup>rd</sup> Thursday each month - 7:00 PM,**

Seattle - Olympic View Community Church, **425 NE 95<sup>th</sup> St.**, Bus – 26, 40, 67, 345, 346

## ***Online Meetings***

[www.ma-online.org/schedule.html](http://www.ma-online.org/schedule.html)

## ***Phone Meetings***

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